

RENEWED MINDS

MINDSET & RENEWAL

Memory Verse: "Do not be conformed to the pattern of this world but be transformed by the renewing of your mind" - Romans 12:2

Overview

In today's study on Renewed Minds, we're going to look at Mindset & Renewal. How does our past shape our future and how do we begin to re-align our thinking to God's truth, not the habits we've formed over years.

1

If you haven't already, spend a few minutes praying, inviting the Holy Spirit into your conversations.

2

Read out the Key Verse (try using different translations). The Bible mentions our mindset a lot. How would you define a mindset? How do we develop mindsets, and how do these shape our worldviews and actions?

We were created to be in partnership with God and others. Sin distorts those relationships and causes unhealthy dependencies, but it can also strip us of healthy dependencies.

3

Paul calls us to be transformed by the renewing of our mind. Using the above paragraph, who is involved in this process? In what healthy/unhealthy ways do we depend on others? In what healthy/unhealthy ways do we rely on ourselves?

4

Read John 8:32. Our brains contain neural pathways sending signals from one part of the brain to another. We form habits and worldviews through repeated thinking and experiences. For example, a route you can walk/drive whilst thinking about something completely different. Our brains can work the same. Knowing this, what are your thoughts on the passage you just read? How could you begin to re-wire those pathways to align with God's truth?

Key Verse

"Do not be conformed to the pattern of this world but be transformed by the renewing of your mind..."

- Romans 12:2

APPLICATION



1

Thinking

What is the main thing you have learnt or been reminded of in today's study?

2

Doing

How are you going to apply what you've learnt?

3

Committing

Commit to keep each other accountable in your application. Be ready to share the next time you meet.

4

Praying

Close this study in prayer, thanking God and asking Him for help, strength, and wisdom.



CBN EUROPE

"Making Jesus known to everyone in the UK, Europe, and Beyond."

RENEWED MINDS MINDSET OF CHRIST

Memory Verse: "Do not be conformed to the pattern of this world but be transformed by the renewing of your mind" - Romans 12:2

Overview

In the last study we explored Mindset & Renewal. Did anything change for you? Was it helpful? Was it difficult?

In today's study on Renewed Minds, we're going to look at the Mindset of Christ. How can our mindsets be renewed in light of Christ's mindset.

Key Verse

"In your relationships with one another, have the same mindset as Christ Jesus."

- Philippians 2:5



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1

If you haven't already, spend a few minutes praying, inviting the Holy Spirit into your conversations.

2

Read out the Key Verse (try using different translations). In what ways do our mindsets differ from that of Jesus'? Is it possible to think the same way Jesus thinks, and if so, how would it change your life (use vs 6-8 to help you)?

3

Read Isaiah 26:3. What does it mean to have a mind stayed on God? How did a mind stayed on God help Jesus in His situations and conversations? How can it help us in bigger decisions and our day-to-day interactions?

4

When Jesus faces temptation in the wilderness (Luke 4:1-13), His identity, allegiance, and position are directly attacked. We often react to these things in defensive or proud ways rather than respond to them in humility and vulnerability, with truth & love. If we know what God's Word says, why do we still react in these ways, and how can we begin to respond instead?

The mindset of Jesus enabled Him to act according to what He believed. He allowed Himself to be mocked, spat on, beaten, and crucified without lashing out, getting defensive, or using His power. He actively humbled Himself and entrusted His life to His Father's hands. We can live like this too!

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RENEWED MINDS MINDSET AND MONEY

Memory Verse: "Do not be conformed to the pattern of this world but be transformed by the renewing of your mind" - Romans 12:2

Overview

In the last study we looked at the Mindset of Christ. How did you apply what you learnt? Did it help? Was it difficult?

In today's study we're going to look at Mindset and Money. What do we think about money and are we even aware?

Key Verse

"But remember the LORD your God, for it is He who gives you the ability to produce wealth."

- Deuteronomy 8:18



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1

If you haven't already, spend a few minutes praying, inviting the Holy Spirit into your conversations.

2

Read Deuteronomy 8:17-18 (try using different translations). We often believe the money we have is ours through our own hard work and effort. What do you think about this passage? How does it challenge or affirm your mindset around money?

We've all had different experiences with money. Some of us have been taught to save well, others to spend what we have, and others still haven't had much growing up. Take a moment, if you're comfortable, to share what your experience has been.

3

Money is a gift from God, but it's easy to love the gift more than the Giver. Read Deut 8:10-14. The words 'remember' and 'not forget' are often used. Does this happen naturally, or do we need to be active about this? How would you feel if He asked you to give away a large amount of your money? Why? What mindset does this question reveal, and what mindset would you like to have?

4

Read 1 Timothy 6:6-10. How does this differ from the world's view of money? How would you treat it if you considered yourself a steward of God's money rather than having a right to your money? In what ways can you begin to renew your mindset on this topic?

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RENEWED MINDS

MINDSET AND SUFFERING

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Overview

In the last study we looked at Mindset and Money. Has your mindset changed on this? What has been difficult/helpful?

In this study we'll look at Mindset and Suffering. Remember to consider others. This is no easy topic, but it's something we're promised we'll face.

Key Verse

"And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

- Romans 8:28



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1

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2

Read out the Key Verse (try using different translations). What do you think about this verse? Is it encouraging, or do you struggle with it? Can you think of examples where you've seen this verse proven? How does the world deal with suffering, and do you relate to it?

Paul endured much suffering (read 2 Cor 11:23-29), yet he constantly encourages us to rejoice and consider it an honour (Rom 5:3-5). His mindset towards suffering gives Him an incredible perspective. We can have this mindset too, even while feeling hurt, pain and sadness.

3

Read Genesis 50:20. According to this verse, how is the enemy's weapon of suffering stripped of power in our lives? What might change in your life if you had this mindset?

4

Read Hebrews 12:2 & James 1:2-4. How do the words 'for' and 'because' help our mindset towards suffering? Is suffering a good or bad thing, according to the Bible? What are some of the reasons we go through suffering? Should we pray to avoid suffering or for the strength to endure it?

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